

## **Long Term Care Guidance**

## JB Pritzker, Governor

## Ngozi O. Ezike, MD, Director

- 1. Post Visitor Restriction sign at entry.
  - Until March 18<sup>th</sup>, the following counties (Cook, DuPage, Kane, Lake, McHenry) need to restrict all visitors except for those visiting end-of-life residents or those residents with dementia needing emotional support.
  - These residents may have 1 visitor per day. Visitors must be at least 18 years of age.
  - All visitors will be screened for illness before being allowed to visit using screening questionnaire.
  - To reduce the spread of influenza and other respiratory illnesses, facilities should restrict all visitors younger than 18 years of age until further notice.
- 2. Post Screening Questionnaire at entrances to building.
- 3. Screen all visitors.
  - Visitors are asked to self-screen by answering the posted questionnaire; however, if someone does not stop and read the sign and questionnaire, it will be necessary for front desk employees to stop all visitors and screen for symptoms and travel history.
- 4. Post Respiratory Hygiene & Cough Etiquette signs.
  - Signs should be posted on doors and in lobby areas.
- 5. Provide respiratory hygiene & cough etiquette supplies at all entry locations.
  - Supplies include: alcohol-based hand rub, tissues, masks, and a waste receptacle for disposal of tissues.
- 6. Communicate with employees, residents, and visitors on basic infection prevention measures such as: clean hands (alcohol-based hand rub or soap and water for 20 seconds), cough etiquette, and disinfection of surfaces.
- 7. Designate an employee entrance.
- 8. Begin to screen employees for symptoms of coronavirus (COVID-19)
  - If employees have signs and symptoms of a respiratory infection, they should NOT work.
  - If employees do not have symptoms of COVID-19 but, do have mild respiratory illnesses they may work if they have been fever-free for 72 hours and their symptoms are improving. While working, the employee must wear a facemask.
  - If employees develop signs and symptoms of a respiratory infection while on the job they should:
    - ✓ Immediately stop work, put on a facemask and self-isolate at home.

- ✓ Inform the facility IP
- ✓ Contact the local health department for next steps
- 9. If residents develop symptoms of respiratory infection:
  - Confine symptomatic residents to their rooms
  - Assign employees to symptomatic and non-symptomatic residents to prevent transmission between residents (employees does not care for both symptomatic and non-symptomatic during same shift)
  - Serve meals in resident rooms
  - Cancel group events
  - Ensure cleaning and disinfection of frequently touched surfaces with EPA registered disinfectant effective against human coronavirus.